

TÉCNICA DE TOMADA de

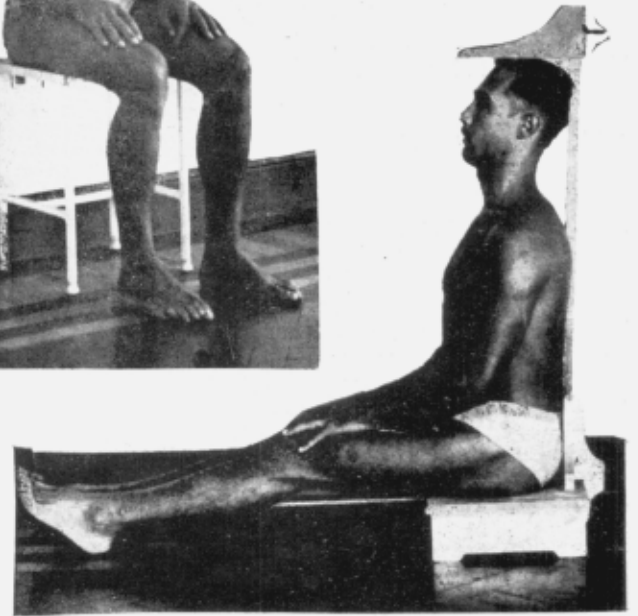
Medidas para a Ficha Individual



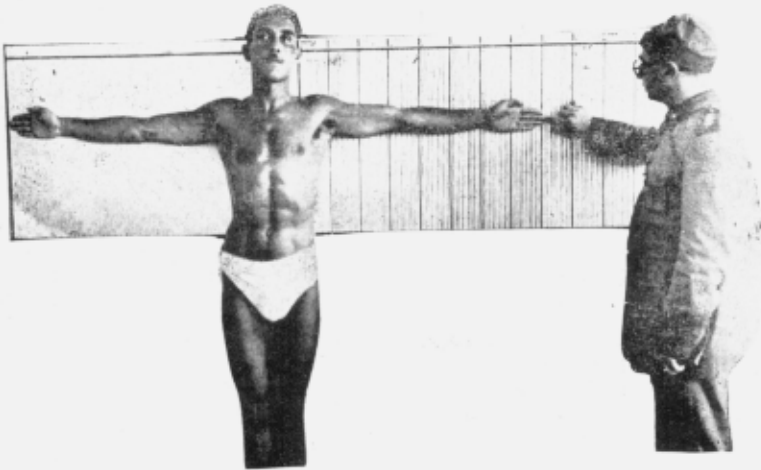
Altura



Peso



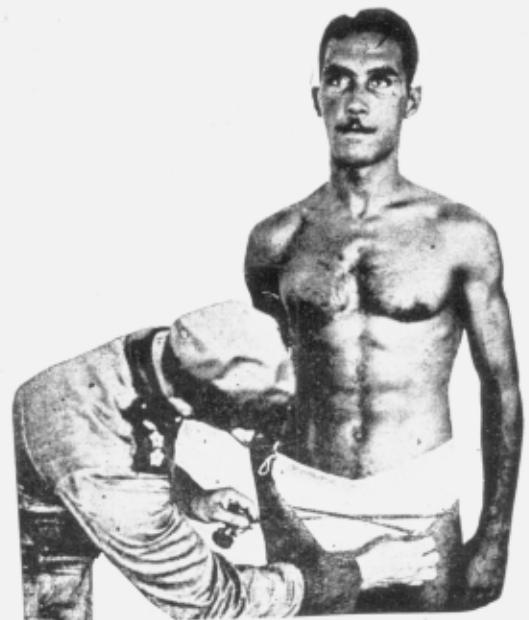
Busto com o banco de 0,40 e na toeza



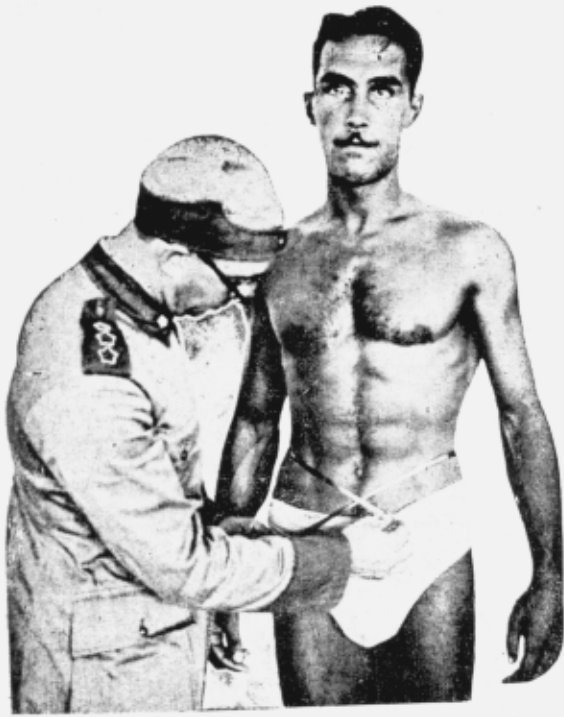
Envergadura



Perimetro toracico



Perimetro pelvico



Perimetro abdominal



Perimetro escapular



Força lombar



Força manual

